# Medical Office Leasing a Guide for Doctors

### Commonly Used Terms

- Base Rent
- Operating Expenses
- Base Year / Expense Stop
- Tenant Improvement Allowance (TI)
- Escalations (CPI, Steps, etc.)
- CPI Consumer Price Index
- CAM Common Area Maintenance
- CAF Common Area Factor (also called load factor)
- RSF Rentable Square Feet
- USF Usable Square Feet
- CPI Consumer Price Index
- FMV Fair Market Value

# Occupancy Cost

This is the sum total outlay of cash that a practice spends on its real estate. This should include Base Rent and Operating Costs that are attributed to the occupancy by the practice.



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## Lease Types

#### **GROSS LEASE**

- · Tenant is quoted a rental rate that is inclusive of all costs. Landlord pays for everything
- Operating Expenses are not passed through to the tenant
- Typically initial rent is very high as Landlord must insure that they are recouping every expenditure.
- Higher rent but can be budgeted for with absolute certainty.
- Extremely Rare for Class "A" & "B" office space.

#### Rent = Occupancy Cost

#### MODIFIED GROSS LEASE

- · Tenant is quoted a base rental rate that includes some, but not all of the operating expenses.
- Tenant may pay directly for such expenses as security, janitorial, electric and utilities, what is typically considered uncontrollable expenses.
- Operating expenses are passed through to the tenant as either an estimate paid per month and/or at the end as a reconciliation over the Base Year or Expense Stop

Base Rent + Uncontrollable Expenses = Occupancy Cost YR 1

Base Rent + BY overage + Uncntr. Exp. = Occupancy Cost YR 2

#### **FULL SERVICE LEASE**

- Tenant is quoted a base rental rate that includes all of the operating expenses for the first year.
- Landlord pays for everything up front but operating expenses are passed through to the tenant as either an estimate paid
  per month and/or at the end of the year as a reconciliation over the Base Year or Expense Stop
- No expense exposure for the first year but overall rent can be slightly higher over term.
- Escalations (Rent Steps) are applied to the total base rent and base year expenses.

#### Base Rent = Occupancy Cost in Year 1

Base Rent + Operating Cost Increase over BY = Occupancy Cost in Years 2+

#### NNN (also called Triple Net or Net Net Net)

- Tenant is quoted a base rent exclusive of operating costs.
- Appears to be lower Rental Rate as Operating Expenses are not included in the quoted rental rate.
- No base year or expense stop, as Tenant pays all other operating expenses on a pro rata basis or directly (common area maintenance, building insurance, real estate taxes, utilities, water, electric, and janitorial).
- The operating costs "are what they are" and the same for each tenant.
- Escalations (Rent Steps) are applicable only to the base rent.

#### Base Rent + Operating Expenses = Occupancy Cost

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### The Math: LEASE ANALYSIS

Breakdown Year 1					-								
	Quoted			Yr 1 Base		Yr 1							
	Base Rent			Year Exp.		Expenses						Total	Rent
NNN	\$15.00		+	\$0.00		\$9.50						\$24.50	/SF
Modified Gross	\$21.00		+	\$6.00		\$3.50						\$24.50	/ SF
Full Service	ervice \$24.50		+	\$9.50		\$0.00						\$24.50	/ SF
Gross	\$26.00		+	\$0.00		\$0.00						\$26.00	/ SF
Breakdown Year 2		(Ва	se rer	nt and estimate	ed e	xpense incre	ase (	due to ir	nflation @ 3	%)			
				Base Rent		Yr 1			Yr 2 BY	Yr 2 Expenses	Overall		
	Base Rent			Increase		Expenses			Increase	Due	Increase	Total	Rent
NNN	\$15.00	Х	3%	\$15.45	+	\$9.50	Х	3%	\$0.00	\$9.79	\$0.29	\$25.24	/ SF
Modified Gross	\$21.00	х	3%	\$21.63	+	\$3.50	х	3%	\$0.18	\$3.61	\$0.29	\$25.42	/ SF
Full Service	\$24.50	х	3%	\$25.24	+	\$0.00	х	3%	\$0.29	\$0.00	\$0.29	\$25.52	/ SF
Gross	\$26.00	х	0%	\$26.00	+	\$0.00	х	0%	\$0.00	\$0.00	\$0.00	\$26.00	/ SF
Breakdown Year 3		(Ва	se rer	nt and estimat	ed e	xpense incre	ase (	due to ir	nflation @ 3	%)			
				Base Rent		Yr 1			Yr 3 BY	Yr 3 Expenses	Overall		
	Base Rent			Increase		Expenses			Increase	Due	Increase		Rent
NNN	\$15.00	Х	6%	\$15.90	+	\$9.50	Х	6%	\$0.00	\$10.07	\$0.57	\$25.97	
Modified Gross	\$21.00	Х	6%	\$22.26	+	\$3.50	Х	6%	\$0.36	\$3.71	\$0.57	\$26.33	
Full Service	\$24.50	Х	6%	\$25.97	+	\$0.00	х	6%	\$0.57	\$0.00	\$0.57	\$26.54	/ SF
Gross	\$26.00	Х	0%	\$26.00	+	\$0.00	Х	0%	\$0.00	\$0.00	\$0.00	\$26.00	/ SF

#### OCCUPANCY COST ANALYSIS

TYPICAL EXPENSE DATA									
TAXES	\$3.00	/SF							
INSURANCE	\$0.30	/SF							
UTILITIES	\$2.50	/SF							
CLEANING	\$1.00	/SF							
REPAIRS & MAINTENANCE	\$0.65	/SF							
ROADS & GROUNDS	\$0.30	/SF							
SECURITY	\$0.50	/SF							
MGMT FEES	\$1.25	/SF							
TOTAL OPERATING EXPENSES	\$9.50	/SF							





